

## **ANDREA HUDY**

### **Biography**

A native of Huntingdon, PA., Hudy was a four-year letter winner in volleyball at Maryland where she graduated in 1994. Her freshman season at Maryland, she was a member of the 1990 Atlantic Coast Conference volleyball championship team.

Hudy earned her bachelor of science degree in kinesiology at Maryland and her masters of art and sport biomechanics degree from Connecticut. She is a certified strength and conditioning specialist by the National Strength and Conditioning Association and a USAW Level I Coach.

Andrea Hudy joined the Kansas staff as the associate director of strength and conditioning in September 2004. She was promoted to Assistant Athletics Director for Sport Performance in July 2008.

Since her arrival Hudy has handled the strength and conditioning responsibilities for the KU men's and women's basketball team. Currently Hudy oversees the Anderson Strength and Conditioning Complex for all KU sports except football.

Hudy came to Kansas after nine and a half years at the University of Connecticut, where she worked closely with the Huskies' national champion men's and women's basketball teams. In all, Hudy was part of eight national championship teams while at Connecticut – two men's basketball; five women's basketball; and one men's soccer.

She's worked with 19 Jayhawks who went on to play professional basketball. Overall, she's worked with 37 student-athletes who went on to play in the NBA and 21 who went on to play in the WNBA.

She was honored as 2012 Strength Coach of the Year by the National Strength and Conditioning Association (NSCA).

Twitter: [\*\*@a\\_hudy\*\*](#)

Facebook: [\*\*facebook.com/CoachAndreaHudy\*\*](https://www.facebook.com/CoachAndreaHudy)

Instagram: [\*\*instagram.com/a\\_hudy\*\*](https://www.instagram.com/a_hudy)

Media Contact: Kristina Patrick, [\*\*Kristina@millermeiers.com\*\*](mailto:Kristina@millermeiers.com), 785.856.6622 or 816.678.5050